

Cargill Cares

Alumni Newsletter
Fall 2021

"We encourage employees to be active in their communities, so they have a better community. If we can encourage our retirees to do that and continue to do this, it is a tremendous resource for the community."

Whitney MacMillan, 1993, Former Board Chair and CEO of Cargill

CCA Alumni Working To Serve & Reconnect*

By Barb Kula

This quote still rings true today. And our CCA members have been eager to get back out into our communities.

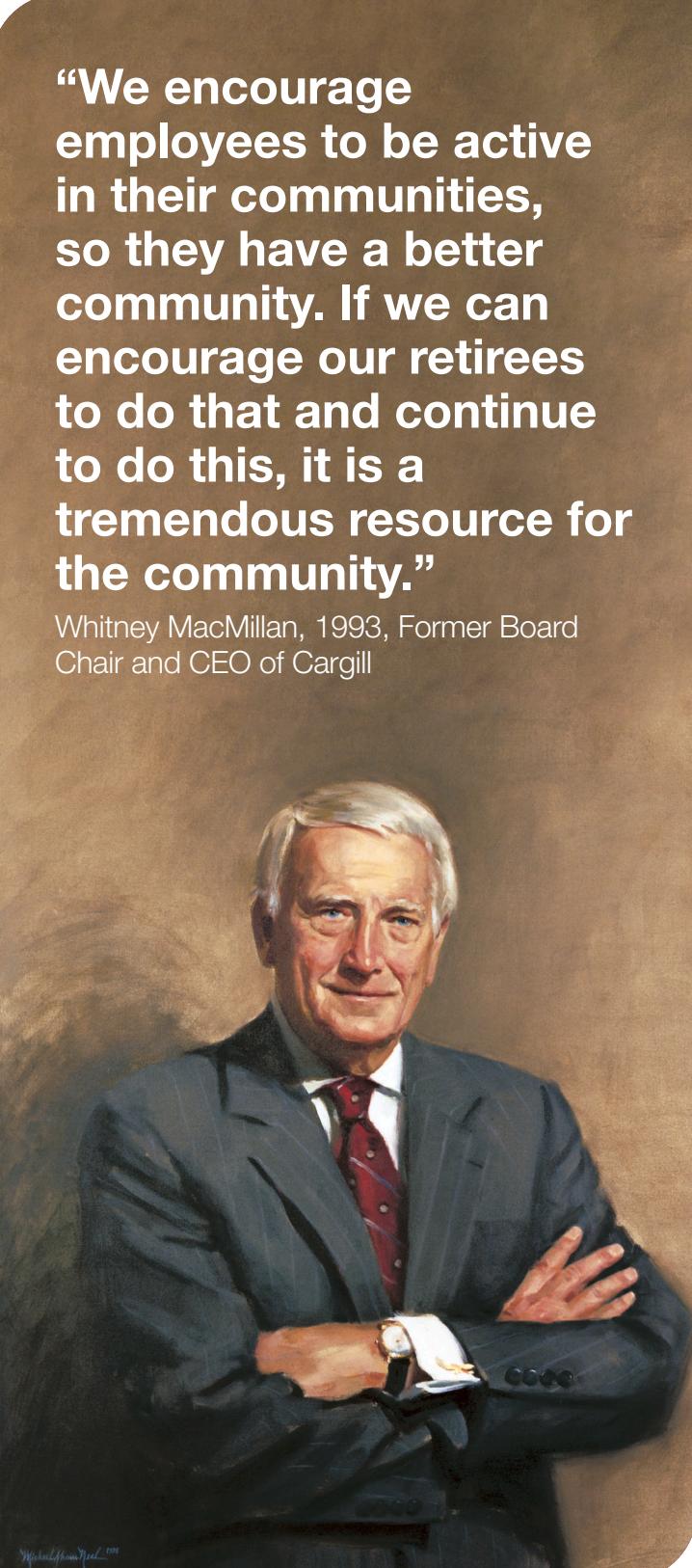
After a winter of activities being shut down, summer began -- and so did limited opportunities to serve and reconnect with other CCA alumni. In this edition of the newsletter, we are spotlighting those events from this summer.

Social activities ranged from a newly formed book club that participants could attend online to the golf league with ample fresh air and exercise. Volunteers had a short list of group events that filled critical needs for organizations like Feed My Starving Children and Second Harvest. Members have also been busy working individually for their favorite charities.

While the opportunities that CCA offers may not match our peak level of involvement, we will continue to work on engaging members to participate where and when they feel comfortable.

To check out upcoming CCA events, just click on the event to find out the details or click [HERE](#) to go to the Cargill Cares Alumni website for a full list.

*CCA will continue to monitor COVID-19 conditions. It is a personal decision for CCA members to participate in group or individual events.



A portrait painting of Dave MacLennan, a man with white hair, wearing a dark suit, white shirt, and a red patterned tie. He is smiling and has his arms crossed. The painting is signed "Mark Homan 2021" in the bottom left corner.

"Thank you for being great ambassadors for Cargill and your support of our people and our mission."

Dave MacLennan,
Cargill Board Chair and CEO
(In a letter to CCA, May 2021)





Hello again, as always, hoping this finds you safe and in good health. COVID-19 has changed all our lives, limiting friend and family time, trips, restaurant visits, and so on. Just as it seemed it was getting better and we could resume these activities, we now have the Delta variant challenging us.

For me, I have not gone back to the gym since this began. I was scared, cautious, and now, to some degree, have become lazy. I know the gym has safety precautions. I am vaccinated, and should be able to work out safely. But I just have not pulled the trigger. It is hard to start all over again, but I think if I just do it, it will be OK.

Working out is for the body; volunteering is for the mind. It brings gratitude, contentment, a sense of accomplishment after each contribution. It also helps so many good causes for people. As with working out, I stopped volunteering out of caution and self-preservation.

Recently Deceased

Paul/Russ Daly
Dean Kleinschmidt
Harvey Marxhausen
Donald Nye
Clyde Potts
John Tarnowski
Pat Wesley
Nancy Wilcox

But just as the gyms implemented safety measures and precautions, so have most volunteer-focused nonprofits. They follow CDC guidelines, clean equipment, and practice spacing recommendations.

I decided that I am tired of COVID-19 controlling my activities. I am going back to the gym, and I am going to volunteer again -- but will do it in ways and places that are safely operated. Each of us must make our own choices and have different risk thresholds for ourselves and families. I was letting the fear of doing anything keep me from doing what I enjoyed and blaming it on COVID-19.

In this newsletter, several volunteer activities are identified. These organizations have online information on what they are doing to keep volunteers safe while providing badly needed resources to people in dire need. I would appreciate it if you would review these activities to see if you would feel comfortable participating. Maybe, just like me, it's time to pull the trigger. All the best, Bill

Missing Out on CCA Communications?

By Barb Kula

If you are getting this newsletter by postage mail, please note that CCA has a lot of communication in addition to the newsletter that is *only* available by email or on the CCA website. If you would like to receive *all* CCA communication, please send an email to CCA Admin at cargillcaresalumni11@gmail.com or leave a message on the CCA phone line at 952-742-6188. Ask that your status is updated to receive all CCA communications via electronic means. Note that your email address will *only* be used for distribution of CCA communication; it will NOT be shared or made public.

New CCA Email and Website

Email: cargillcaresalumni11@gmail.com

Website:

<https://cargillcaresalumni.wildapricot.org/>

Bill Swift, President | Phil Deeney and Ceal Regnier, Newsletter Coordinators | Paul Dienhart, Copy Editor

The CCA newsletter is published quarterly in spring, summer, fall and winter, and is distributed to Cargill retirees and other alumni as well as Cargill senior leadership. If you have articles to share, stories of coping with the pandemic or other items of interest, please send them directly to Phil Deeney at phildeeney@comcast.net.

CCA – TC Board

Shirley Boyd	John Keefe	Colleen Porter	Bill Swift
Phil Deeney	Wayne Koester	Ceal Regnier	Janice Weisberg
Terry Garvert	Barb Kula	Julie Rothstein	
Greg Hehman	Mary Kurth	Tom Streit	

Alumni E-Mail Directory: If you are not currently receiving email updates from the Cargill Cares Alumni office and would like to be added to the CCA Email Directory, please call the CCA office at 952-742-6188 or send your name and email to CCA Admin at cargillcaresalumni11@gmail.com.



Help Us Grow

By Julie Rothstein

Do you have a Cargill friend who recently retired or know of a Cargill alumnus who might be interested in joining us? If so, please introduce them to CCA! And our new, updated brochure can help.

The **updated brochure** does a great job describing the CCA organization and why Cargill alumni should join. It also highlights our new tagline -- *Volunteer. Connect. Learn.* The brochure is posted on our website (click [here](#) for a direct link), so you can easily email it to them. Printed copies also are available, in case you will be with a group of ex-Cargill people (or soon to be) and want to hand them out. There is information on how to join as well.

Thank you for helping us build our network!



A Statement on COVID Safety

By Shirley Boyd

Although Cargill and the CCA Board have authorized CCA to restart coordinating some CCA group volunteer activities, it remains your personal decision whether or not to participate in any group activity. It is important for each of you to consider your personal situations and prioritize the health of yourself and those around you when deciding whether to participate. Individuals at high risk for serious COVID-19 infections or who are in contact with high-risk individuals may want to choose not to participate.

These sites of the CDC and the Minnesota Department of Health describe high risk individuals:

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/index.html>

Minnesota Order defining high risk individuals.

CDC's and MDH's recommendations on COVID safety are continually changing, as are their COVID safety requirements. Please check current recommendations and requirements immediately prior to participating in any CCA scheduled event.

Understanding Medicare

By Tom Streit

CCA will host an “Understanding Medicare” session on Wednesday, October 6, 2021, at 10 am via ZOOM.

Bill Tisdale, a Via Benefits ambassador will address these topics:

- Who is Via Benefits?
- What changes are being made to Medicare coverage?
- Options A, B, C, D
- Steps to enroll in new Medicare coverage
- Information about plan options
- Tools to change your plan, or help you select a new plan
- How does the funding that Cargill provides in the form of Health Reimbursement Arrangement work (if you are eligible)?

Mark your calendar for Wednesday, Oct. 6, at 10 a.m.

To register for the meeting click on this link: [Medicare Seminar](#). Before the meeting, you will be sent a link to join the virtual meeting.

If you have questions, please contact Tom Streit at TStreit57@gmail.com.





CCA members pack 200 School Backpacks for Local Students!

By Shirley Boyd

Each year, more than 100,000 greater Twin Cities students return to school without essential school supplies. The Greater Twin City's United Way's annual Action Day "Game on for School" event eliminated this challenge for 50,000 students. And CCA members were part of it.

Nine CCA members met at Allianz Stadium on Aug. 12, packing more than 200 backpacks full of supplies to help ensure students go back to school with the essentials they need to succeed. Not only did the CCA team complete their goal of 200 backpacks, they supplied additional labor to help complete a neighbor station reach 200 backpacks. All CCA members had a great time and several have already committed for 2022. We'd would love to have you join us in 2022 at US Bank Stadium! Look for the event next year on the CCA calendar.

Check out the Action Day highlight reel:

[Action Day Highlight Reel 2021 - YouTube](#)

Questions:

Contact Shirley Boyd at sraeboyd@gmail.com



Saving the 'Emmanuels' of the World

By Shirley Boyd



Emmanuel after FMSC meals and before.

Feed My Starving Children (FMSC) and its volunteers have provided more than 3.2 billion meals to hungry children worldwide since 1994. CCA members have been volunteering at FMSC for a number of years – typically, 5 shifts per year.



This summer, on May 10, June 7 and July 12, a total of 14 CCA members gathered at FMSC in either Chanhassen or Coon Rapids to pack MannaPack™ meals.

On July 12, CCA volunteers heard a wonderful story about FMSC saving the life of Emmanuel. Here is a link:

['He Was Just Bones' : Feed My Starving Children \(fmsc.org\)](#)

Did you know that the "recipe" for FMSC's Manna-Pack™, a vitamin-and-mineral fortified rice meal, was developed in 1993 with the help of a team of Cargill food scientists (including Dick Fulmer), along with colleagues from General Mills and Pillsbury?

FMSC website:

Home : [Feed My Starving Children \(fmsc.org\)](#)

Questions:

Contact Shirley Boyd at sraeboyd@gmail.com



CCA volunteers may work on everything from assembling emergency food boxes to packing fresh fruits and vegetables for Minnesota food shelves.

Please Join Us at Second Harvest

By Julie Rothstein

CCA group volunteering at Second Harvest Heartland started up again in May. Second Harvest is one of the nation's largest food banks — distributing food across our communities to people who are experiencing hunger. We would love to have you join us! Check out the CCA event calendar on our website or contact Julie Rothstein at juliefoss@msn.com for upcoming volunteer dates and information on how to sign up.

Consider Volunteering For 'Prepare + Prosper'

By Terry Garvert

Are you looking for a meaningful volunteering opportunity this winter? [Prepare + Prosper](#) (P+P) is currently recruiting volunteers for the 2022 tax sea-



son. P+P provides free tax preparation and financial services to individuals and families with low to moderate incomes. Join your Cargill team members, Barb Schaepe, Bart Eddy, David Moore, Doug Engen and Thaine Dirks who, combined, completed 221 hours in 2021, filing 285 returns, totaling \$239,975 in refunds!

With several volunteer roles to choose from, you don't need previous tax experience to join the team. From preparing taxes to guiding customers through the process -- there is something for everyone. [Fill out an interest form here](#) and you will be informed about upcoming information sessions. This is a no-strings-attached way to learn more about the work of P+P volunteers, the training requirements and the necessary commitment.

A Dramatic Win At the annual CCA Twins Outing

By Terry Garvert

Forty CCA alumni and friends and family attended the annual Twins outing on July 26 at Target Field. On a warm summer evening with occasional cooling breezes, we sat in section 126 down the third base line. The Minnesota Twins were starting a three-game home series against the Detroit Tigers. It was a pretty evening in a pretty venue. The game had a concerning start with Detroit jumping on Michael Pinada's first pitch and nearly taking it out of the park. But the Twins had a good night overall while managing to scare the fans by allowing the Tigers to tie up the game in the ninth inning, 5 to 5. There was a happy ending, however. Max Kepler rose to the occasion and hit a walk-off single in the bottom of the 10th inning, giving the Twins a 6 to 5 victory. It made for an enjoyable ride home and had us looking forward to the event next year at Target Field!



Volunteering at The 3M Open

By Phil Deeney

As with most dads, when a daughter calls and asks for help you know something is up. Three years ago, my daughter Katie asked for help as a Marshall at the 3M Open Golf tournament, played at the TPC course in Blaine. She works for 3M and was asked to help as the lead Marshall on hole number 12. Being an avid golfer myself, I viewed this volunteer opportunity as a chance to get inside the ropes and watch some of the best golfers in the world compete. So, it really wasn't a struggle to say yes. Now, 3 years later, I'm still volunteering as a Marshall on number 12.

These three years have been unique to say the least. The first year ('19) we saw large crowds and worked to manage their movements, along with attempting to quiet them while the players were addressing and hitting their shots. The second year ('00) was during the COVID-19 summer and, while 3M decided to put on the tournament, it was done with no spectators. (I still volunteered as a Marshall and helped with spotting shots.)

This year ('21) the crowds were back. It was so refreshing to feel the excitement back in the air as the competition continued throughout the four days. Within this tournament there is a charitable component. The "Compass Challenge" as well as the "Birdies for Charity" raise lots of dollars for local causes. There were more than 6,000 volunteer shifts as well as 40,000 volunteer hours needed to put all this together.

This got me thinking of all the CCA members who regularly volunteer hours to make a positive difference in our community. Thanks for all your efforts.



Phil Deeney and daughter Katie at the 3M Open.

The Return of the Annual Golf Tourney and Dinner

By Bill Swift

Once again, the annual CCA Golf Tournament was held at Timber Creek Golf Course in Watertown. The weather was great for our Aug. 4 event, and Bob Bridges cleaned up nearly all of the awards, shooting an 80 with only 27 putts. He claimed he has played only a few times this year, but many of us questioned if he was not playing nearly every day.

The turnout this year was down from historical numbers, but a great time was had by all on the golf course and at the dinner that followed. Joe Fournier did a great job of organizing the event. He also scored a free golf round from Timber Creek thanks to Roger Wherry providing two free rounds at Rush Creek for our award drawing.

We hope you enjoy all of the pictures of the event, particularly the one of Bill Swift fishing a ball out of the water, with Pete Zaal hanging on to him for safety. (Just for clarification, it was Pete's ball.)

Best regards and hope to see you at next year's tourney!

Golf Tourney Awards List

Low Gross

- Bob Bridges – 80
- Ron Hunter – 81
- John Carlson – 82

Low Net

- Ken Weber – 59
- Ron Jacobsen – 63
- Bob Bridges – 65

Low Putts

- Bob Bridges – 27
- Tom Schultz – 31

Longest Drive

- Louie Ricard

Longest Putt

- Mike Farmer
- Andy Byrnes
- Jim Kane

Closest to pin

- Tom Scharber
- Stan Kosowicz
- Bill Trunnell
- Bob Jacobsen

New CCA Email and Website

Email: cargillcaresalumni11@gmail.com

Website:

<https://cargillcaresalumni.wildapricot.org/>



Help Us Claim Credit For Your Good Work

By Colleen Porter

In order to cut over to the new Cargill volunteer hour reporting system, all CCA volunteer hours must be submitted to Spark by October 1, 2021. We will provide more details on future reporting soon.

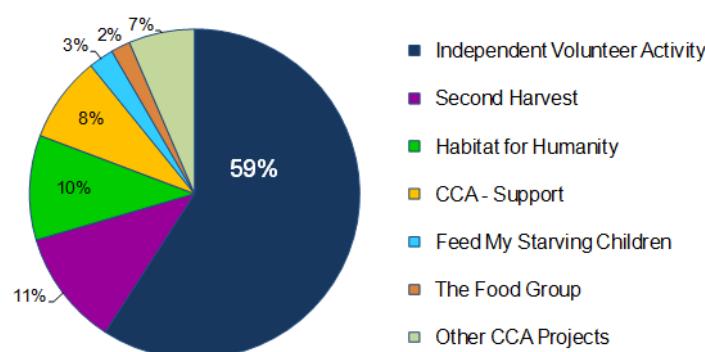
More than half of the volunteer hours reported by CCA members reflect independent volunteer activities – those that CCA members choose themselves to enrich the lives of those in their community. While CCA Project Leads take care of reporting hours, we suspect some of the good work done outside of CCA-sponsored activities never gets reported. We really want to hear from you!

Why should I report my volunteer hours outside of CCA activities?

- Your time spent in volunteer activities – either with CCA or independent causes -- enhances Cargill's and CCA's reputation in the community.
- Your volunteer hours also enhance the visibility and reputation of CCA within Cargill and help maintain funding for the CCA organization.
- CCA uses this information to decide whether to keep or add CCA-sponsored events.
- Cargill alumni with 20 or more volunteer hours between October 1, 2020 and September 30, 2021 qualify for a free Honeysuckle White® turkey certificate. Your volunteer hours must be recorded in the Spark system to qualify. The easy way to do this is to send your hours to the Cargill Alumni office staff by emailing to cargillcaresalumni11@gmail.com by October 1, 2021.

You can access Spark directly, or submit your hours and volunteer organization via email at cargillcaresalumni11@gmail.com - use CCA's WildApricot site for more info.

CCA Volunteer Hours - 3-years Total



News Update: Spark, Cargill's system for reporting volunteer time, will be replaced December 1, 2021

Book Discussions

By Ceal Regnier

Here are the upcoming books for the Book Discussion group. Please click on the links to register. You can also find the events on the CCA Calendar of Events at <https://cargillcaresalumni.wildapricot.org>. Any questions, contact Ceal at Ceal2987@gmail.com

Sept. 15 – **Where the Crawdads Sing** by Delia Owens [More Info Sept Book](#)

Oct. 20 – **All the Light You Cannot See** by Anthony Doerr [More Info Oct Book](#)

Nov. 17 – **The Giver of Stars** by Jojo Moyes [More info Nov Book](#)

'The Music Man' Finally Rescheduled

By Ceal Regnier

On Wednesday, Oct. 27, CCA members will finally get to see "The Music Man" at the Chanhassen Dinner Theater. This was supposed to be our social event for March 18, 2020, which was five days into Minnesota's COVID-19 pandemic shutdown. Registrations will be taken until Friday, Sept. 24. Click [here](#) for the registration form or see the event on the CCA Calendar of Events at <https://cargillcaresalumni.wildapricot.org>.

CCA River Cruise

By Ceal Regnier

It's been over two years, but CCA members didn't forget how much fun it is to take a bus trip and do a river cruise.



Thirty-five members boarded a boat in Stillwater for a two-hour lunch cruise on the St. Croix River, which was followed by a narrated tour of Stillwater and a visit at the St. Croix Winery Store and Aamodt's Apple Farm. It was SOOOOO good to be "back on the bus." We are looking at options for a full slate of bus trips for 2022. We hope you can join us.

Save the Date: Wednesday, June 15, 2022

CCA will be at the Chanhassen Dinner Theater to see "Footloose." Registrations will open in February 2022.

CCA Sees Two Wins At the Saints Outing

By Ceal Regnier

On Tuesday, Aug. 17, 35 CCA alumni and family members ventured to CHS Field in St. Paul to watch the Iowa Cubs take on our hometown St. Paul Saints.

Now in their 28th year, the Saints have always provided an exciting evening of entertainment. This year was



even more exciting now that the Saints are the Triple A affiliate of the Minnesota Twins, providing a preview of potential future Twins players. The evening was well worth our ticket price as we were treated to TWO walk-off, extra-inning wins -- the exciting completion of a postponed game from June 23, as well as the featured game of the evening.

Coming Fall 2021: Mixed Bowling League

By Wayne Koester

Cargill Bowling League is looking for men and women to bowl with us this year. The League will restart bowling on Wednesday, Sept. 22, after taking a year off due to COVID. Formerly a men's league, it is now a mixed men and ladies league of Cargill-affiliated bowlers.

The league is sanctioned by the United States Bowling Congress and abides by their rules, unless otherwise specified. Even though Cargill no longer supports our league, we were able to use the Cargill name. Our rosters include active and former employees of Cargill as well as Cargill Partners.

The league runs 25 weeks with four bowlers per team per night. Most teams have six to eight members, and team members may bowl as much or as little as works out for them and their team. The estimated cost is \$15 per bowler per night for three games. All participants need to be sanctioned, which means an additional annual fee of about \$20.

If you are interested, please contact Wayne Koester at wrkoester@msn.com or by calling 612-418-8060.